

 **EVOLVING INTO GREATNESS:
SELF-REFLECTION OR COACHING QUESTIONS**

1. What would happen if you explore other perspectives?
2. How can you anchor another perspective?
3. Sounds like you want to hold onto the old script. How can you start a new chapter?
4. Who continues to enable your current story?
5. Seems like you shifted to a lesser perspective?
6. You could be like everyone else and just continue to whine or complain.
7. Would you be open to the possibility that there are other stories?
8. You do have the choice of continuing down the same path.
9. Is there anything you are not saying?
10. You are not taking any action on this.
11. Who would you be if this did not happen?
12. Sounds like you are getting fixed on an outcome that is blocking all other ideas.
13. Your vision sounds all about you. How does this vision serve mankind?
14. Would you be open to a technique to explore your wholeness?
15. What is the win to free yourself from patterns you carry from the past?
16. Sounds like you continue to “play small.” How can you “play bigger” **and** be your greatness?
17. What resources do you need to help you in your development?
18. What projects or teams can provide on-the-job application?
19. Who is an expert in the skill you want to develop?
20. What job assignments will help you acquire skills and experience?
21. What training will provide further knowledge and techniques?
22. What was your biggest triumph this year?
23. What was the smartest decision you made this year?
24. What was the biggest risk you took this year?
25. What was the greatest lesson you learned this year?
26. What was the most challenging thing you did this past year?
27. What is your biggest piece of unfinished business for this year?
28. What are you most satisfied about completing this year?
29. Who are the 3 people who had the greatest impact on your life this year?
30. Where have you held back this last year?
31. Of what do you want to let go from this past year?
32. What else do you need to say or do to complete this year?
33. For what are you most grateful?
34. Who do you want to become in this next year?
35. What do you want to learn this year?
36. What strengths do you wish to use more this year?
37. What will success mean to you this year?